



We'll help you make the most of your retirement plan.

When it comes to retirement planning, flexibility goes a long way. Plenty of variables—such as salary changes, investment performance, outside assets, and debt—can affect the amount you need to save. By consistently re-evaluating your investment strategy and taking advantage of your available options, you can keep yourself on the right track.

To get started, you'll need to register for your secure online account. It's a simple process:

- Visit sentry.com/retirement and click Log in.
- Choose Register for online access and enter your email address. We'll send you an email with an activation link.
- Click the activation link in your email. Fill in your name and phone number, select your security questions, and choose your password.
- After logging in, you'll need to verify your identity with two-step verification. We'll send a code to either your email or mobile phone. Enter the code in the login process.
- After logging in, you'll just need to validate your retirement account using your account number (provided by your employer or Sentry account representative), birth date, and last four digits of your Social Security number.

Account number:

With our secure site, you'll be able to:

- Plan with an interactive retirement readiness tool
- Make loan and distribution requests, if your plan allows them
- Update personal and beneficiary information
- Change investment elections contribution rates

If you have any questions, give us a call at 800-4SENTRY (800-473-6879), option 3, and select participant services. We're here to help you find the information you need.

Individual life insurance, group annuities, and individual annuities are issued and administered by Sentry Life Insurance Company, Stevens Point, WI. In New York, individual life insurance, group annuities, and individual annuities are issued and administered by Sentry Life Insurance Company of New York, Syracuse, NY. Policies, coverages, benefits, and discounts are not available in all states. See policy for complete coverage details. In New York, coverage provided through policy form numbers: (Life Insurance) 390-1000 (SLONY), 390-2003-SLONY; (Group Annuity) 840-300(NY); (Individual Annuity) 380-440.